



St Joseph's Catholic Primary School
Diocese of Clifton

Inspiring everyone to **REACH** through
Faith, Hope, and Love



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Headteacher: Mrs Clare Howells

June 2025

Our Relationships, Sex and Health Education curriculum in Year 6

Dear Parents and Carers

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Relationships, Sex and Health Education curriculum (RSHE) course provided for us by Ten:Ten. This looks at many topics including all kinds of relationships, physical / emotional health and living in the wider world. The aim of the RSHE curriculum is to help our pupils make safe and informed decisions during their school years and beyond. Some parts of Sex and Relationship Education (SRE) are part of the National Curriculum for Science. Due to these objectives being compulsory, children are not able to be withdrawn from these sessions. However, parents can withdraw their children from all other parts of SRE if they wish to do so.

SRE is an important part of the RSHE course and this term we will be covering how a baby develops inside a womb (session 1), facts about sexual intercourse (session 2) and menstruation (session 3). Some of the themes that are included are:

- Basic scientific facts about sexual intercourse between a man and woman
- The physical, emotional, moral and spiritual implications of sexual intercourse
- The Christian viewpoint that sexual intercourse should be saved for marriage

Please use the parent portal link from the Ten:Ten website for the lesson materials (sessions 1,2,3) that we will be doing and the log in details below:

https://www.tentenresources.co.uk/parent-portal/life-to-the-full-primary/uks2/u-4/ltf-p_pp_uks2_1-4_life-cycles/#s2

Username st-josephs-gl10

Password fairy-dust

Online Parent Portal - Life to the Full Plus - Years 5 and 6 - Module 1

Unit 4: Life Cycles

During all the sessions, pupils will be able to ask questions, which will be answered factually and in an age appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information. We believe that the presentation of sexual images in social and other media make it important that all young people have a place to discuss pressures, check facts and dispel myths. Even if a child is withdrawn, many pupils will discuss such issues with each other outside the classroom – so, rather than hear about the content second-hand, we hope all children will have the opportunity to take part in our carefully planned unit of lessons.

I will be teaching these lessons from the week commencing 23rd June 2025. Following this, you may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about this before the work is covered in school. If you have any queries about the content of the programme or resources used, or wish to withdraw your child from specific objectives, please do not hesitate in contacting the school or myself to discuss this.

Many thanks for your continued support,
Mrs Knight

G:Winword/PARENTS/Sept 24/Y6 Sex Ed June