

St Joseph's Catholic Primary School Diocese of Clifton



Inspiring everyone to REACH through Faith, Hope, Love

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Acting Headteacher: Mrs Clare Howells

23rd March 2023

Dear Parents and Carers,

Time is flying in Reception! I cannot believe we are almost nearing the Easter holidays! As mentioned in Reception's spring 2 letter, this term the children have been focusing on further developing their independence, particularly in regards to getting dressed and undressed. Mastering the skill of dressing involves fine motor skills, body awareness and co-ordination. The process of learning to get dressed and undressed takes time, practice and patience.

Although the children have already made real progress this term, dressing and undressing is a skill that is key to their developmental journey and therefore we would like to support the children with this even further. We have therefore decided to introduce another PE lesson each week, in which the children can practice getting changed into their PE kit and developing their confidence with this.

Our extra PE lessons will be on **Thursday afternoons**, starting after Easter on Thursday 20th April. Please can all children come to school wearing their school uniform and bring their PE kit in a separate bag. Please make sure that all of your child's clothes are labelled clearly with their name. After their PE lesson, the children will then return home still wearing their PE kit so they are not overwhelmed with having to practice getting undressed and dressed more than once.

We hope this will enable our children to further develop their fine motor skills and become more independent as they complete their summer terms in Reception! As always, thank you for all your support at home, please do continue to encourage this independence at home as it makes a huge difference to the development of your child.

If you have any questions, please don't hesitate to ask. You can catch me on the playground or email us at slt@st-josephs.gloucs.sch.uk.

Thank you for your continued support. Yours sincerely,

Miss Jessica Berry and Mrs Chelsey Hill













