



St Joseph's Catholic Primary School
Diocese of Clifton

Inspiring everyone to REACH through
Faith, Hope, and Love

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Anti-bullying Week – Choose Respect

Monday 11th November – Friday 15th November 2024



With St Therese as our guide we do little things with much love to make a big difference for everyone.

Dear parents and carers

As parents and carers we worry about our children: all we want is for them to be happy, healthy, and to feel safe. With that in mind, it's only natural that we worry about bullying - particularly if we think our child may be more vulnerable to bullying, or we have experienced bullying ourselves. We're here to tell you, you don't have to go through it alone! The Anti-Bullying Alliance and its members are here to work with children, families, and schools to help keep children safe, and address bullying.

The definition of bullying that we will discuss with the children this week is 'the repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. Bullying can be physical, verbal or psychological. It can happen face to face or online.'

Every November schools all across the UK take part in Anti-Bullying Week. This is an opportunity to highlight bullying and consider the steps we can take together to stop it. Anti-Bullying Week 2024 is taking place from Monday 11th to Friday 15th November and it has the theme 'Choose Respect'. The children will listen to and contribute to an assembly, as well as taking part in a couple of lessons throughout the week, focusing on an area which is most age appropriate. This will therefore differ across the school.

As a parent or carer, you are a vital piece of the puzzle in tackling bullying. You have a unique role to play in guiding and supporting your child through their school years and there are lots of positive steps you can take to help keep your child safe from bullying and harm. One of the steps is knowing when to ask for support.

Further information about Anti-Bullying week can be found at: [Anti-Bullying Alliance](https://www.antibullyingalliance.org.uk/)

If you have further questions about the content of what your child will be covering this week, please do not hesitate in contacting your child's class teacher.

Best wishes

N.Guoite

Mrs Natalie Guoite
RSHE Lead

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