



RHE Progression of objectives - Module 1 (Created and Loved by God)

	Key stage 1		Lower Key Stage 2		Upper Key Stage 2		
	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Unit 1 Religious Understanding	<p><i>Session 1: Handmade with love</i></p> <p>We are created individually by God as part of His creation plan.</p> <p>We are all God's children and are special.</p> <p>Our bodies were created by God and are good.</p> <p>We can give thanks to God!</p>	<p><i>Session 1: Let the Children Come</i></p> <p>I know that we are created individually by God.</p> <p>I know that God wants us to talk to Him often through the day and treat Him as our best friend.</p> <p>I know that God has created us, his children, to know, love and serve Him in this life and forever - this is our purpose and goal and will bring us true happiness.</p> <p>I know that we are created as a unity of body, mind and spirit: who we are matters and what we do matters;</p> <p>I know that we can give thanks to God in different ways.</p>	<p><i>Session 1: Let the Children Come</i></p> <p>I know that we are created individually by God.</p> <p>I know that God wants us to talk to Him often through the day and treat Him as our best friend.</p> <p>I know that God has created us, his children, to know, love and serve Him in this life and forever - this is our purpose and goal and will bring us true happiness.</p> <p>I know that we are created as a unity of body, mind and spirit: who we are matters and what we do matters;</p> <p>I know that we can give thanks to God in different ways.</p>	<p><i>Session 1: Get up!</i></p> <p>I know that we are created individually by God who is Love, designed in His own image and likeness.</p> <p>I know that God made us with the desire to be loved and to love and 'to make a difference': each of us has a specific purpose (vocation).</p> <p>I know that every human life is precious from the beginning of life (conception) to natural death.</p> <p>I know that personal and communal prayer and worship are necessary ways of growing in our relationship with God.</p> <p><i>Session 2: The Sacraments</i></p> <p><i>I know in Baptism God makes us His adopted children and 'receivers' of His love.</i></p> <p><i>I know by regularly receiving the Sacrament of Reconciliation, we grow in good deeds (human virtue).</i></p> <p><i>I know that it is important to make a nightly examination of conscience.</i></p> <p><i>I know that receiving the Sacraments helps them to develop healthy relationships with others.</i></p>	<p><i>Session 1: Get up!</i></p> <p>I know that we are created individually by God who is Love, designed in His own image and likeness.</p> <p>I know that God made us with the desire to be loved and to love and 'to make a difference': each of us has a specific purpose (vocation).</p> <p>I know that every human life is precious from the beginning of life (conception) to natural death.</p> <p>I know that personal and communal prayer and worship are necessary ways of growing in our relationship with God.</p>	<p><i>Session 1: Calming the Storm</i></p> <p>I know that we were created individually by God who cares for us and wants us to put our faith in Him.</p> <p>I know that physically becoming an adult is a natural phase of life.</p> <p>I know that lots of changes will happen during puberty and sometimes it might feel confusing but it is all part of God's great plan - and the results will be worth it!</p>	



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	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Unit 2 Me, My Body, My Health	<p>Session 1: I am Me We are each unique, with individual gifts, talents and skills.</p> <p>Whilst we all have similarities because we are made in God's image, difference is part of God's plan.</p> <p>Session 2: Heads, Shoulders, Knees and Toes</p> <p>Children will learn that their bodies are good and made by God.</p> <p>Children will learn the names of the body.</p> <p>Session 3: Ready Teddy?</p> <p>Children will learn that our bodies are good and we need to look after them.</p> <p>Children will learn what constitutes a healthy lifestyle, including exercise, diet, sleep and personal hygiene.</p>	<p>Session 1: I am unique I know that we are unique, with individual gifts, talents and skills.</p> <p>Session 3: Clean and Healthy</p> <p>I know that our bodies are good and we need to look after them.</p> <p>I know what constitutes a healthy lifestyle, including physical activity, dental health and healthy eating.</p> <p>Session 3: Clean and Healthy</p> <p>I know that our bodies are good and we need to look after them.</p> <p>I know what constitutes a healthy lifestyle, including physical activity, dental health and healthy eating.</p>	<p>Session 2: Girls and Boys I know that our bodies are good.</p> <p>I know the names of the parts of our bodies.</p> <p>I know that girls and boys have been created by God to be both similar and different - these differences are physical, emotional and spiritual and together make up the richness of the human family.</p> <p>Session 3: Clean and Healthy</p> <p>I know the importance of sleep, rest and recreation for our health.</p> <p>I know how to maintain personal hygiene.</p>	<p>Session 1: We Don't Have To Be The Same I understand the similarities and differences between people arise as they grow and make choices, and that by living and working together ('teamwork') we create community;</p> <p>I know self-confidence arises from being loved by God (not status, etc).</p> <p>Session 2: Respecting Our Bodies</p> <p>I know about the need to respect and look after their bodies as a gift from God through what they wear, what they eat and what they physically do.</p>	<p>Session 3: (Y4+) What is Puberty? I know what the term puberty means.</p> <p>I know when to expect puberty to take place.</p> <p>I understand that puberty is part of God's plan for our bodies.</p> <p>Session 4: (Y4+) Changing Bodies</p> <p><i>I can learn correct naming of genitalia.</i></p> <p><i>I know what changes will happen to boys during puberty.</i></p> <p><i>I know what changes will happen to girls during puberty.</i></p> <p>Session 5: (Y4+) Male/Female Discussion Groups - Optional</p> <p><i>If you think this is necessary, please speak to SLT.</i></p>	<p>Session 1: Gifts and Talents I know that similarities and differences between people arise as they grow and mature.</p> <p>I know that by living and working together ('teamwork') we create community.</p> <p>I know self-confidence arises from being loved by God (not status, etc).</p> <p>Session 4: Spots and sleep</p> <p>I know how to make good choices that have an impact on my health: rest and sleep, exercise, personal hygiene, avoiding the overuse of electronic entertainment, etc.</p>	<p>Session 1: Gifts and Talents I know that similarities and differences between people arise as they grow and mature.</p> <p>I know that by living and working together ('teamwork') we create community.</p> <p>I know that there are many different types of family set up.</p> <p>I know self-confidence arises from being loved by God (not status, etc).</p> <p>Session 2: Girls' bodies</p> <p>I know that human beings are different to other animals.</p> <p>I know about the unique growth and development of humans, and the changes that girls will experience during puberty.</p> <p>I know about the need to respect my bodies as a gift from God to be looked after well, and dressed appropriately.</p> <p>I know about the need for modesty and appropriate boundaries.</p> <p>Session 3: Boys' bodies</p> <p>I know that human beings are different to other animals.</p> <p>I know about the unique growth and development of humans, and the changes that boys will experience during puberty.</p> <p>I know about the need to respect my body as a gift from God to be looked after well, and treated appropriately.</p>



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	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Unit 3 Emotional Well-Being	<p>Session 1: I like, you like, we all like!</p> <p>I know that we all have different 'tastes' (likes and dislikes), but also similar needs (to be loved and respected, to be safe etc).</p> <p>I know that it is natural for us to relate to and trust one another.</p> <p>Session 2: All the feelings!</p> <p>I will develop a language to describe my feelings.</p> <p>I will develop an understanding that everyone experiences feelings, both good and bad.</p> <p>I will develop simple strategies for managing feelings.</p>	<p>Session 1: Feelings, Likes, Dislikes</p> <p>I know that it is natural for us to relate to and trust one another.</p> <p>Session 3: Super Susie Get Angry</p> <p>I have simple strategies for managing feelings and for good behaviour.</p>	<p>Session 1: Feelings, Likes, Dislikes</p> <p>I know that we all have different 'tastes' (likes and dislikes), but also similar needs (to be loved and respected, to be safe etc).</p> <p>I can use language to describe our feelings.</p> <p>Session 2: Feeling Inside Out</p> <p>I will have a basic understanding that feelings and actions are two different things, and that our good actions can 'form' our feelings and our character.</p> <p>Session 3: Super Susie Get Angry</p> <p>I know that choices have consequences; that when we make mistakes we are called to receive forgiveness and to forgive others when they make mistakes.</p> <p>I know that Jesus died on the cross so that we would be forgiven.</p>	<p>Session 1: What am I feeling?</p> <p>I understand that emotions change as they grow up (including hormonal effects).</p> <p>I can learn about the range and intensity of their feelings and that 'feelings' are not good guides for action.</p> <p>I know that feelings are neither good or bad, but information about what we are experiences that help us consider how to act.</p> <p>I know what 'emotional well-being' means and that positive actions and talking to trusted people enhance emotional well-being.</p>	<p>Session 2: What am I looking at?</p> <p>I can recognise that images in the media do not always reflect reality and can affect how people feel about themselves.</p> <p>I know that God made us and loves us as we are.</p> <p>Session 3: I am thankful!</p> <p>I know some behaviour is wrong, unacceptable, unhealthy and risky.</p> <p>I know thankfulness builds resilience against feelings of envy, inadequacy and insecurity, and against pressure from peers and the media.</p>	<p>Session 1: Body image</p> <p>I know how to recognise that images in the media do not always reflect reality and can affect how people feel about themselves.</p> <p>I know that thankfulness builds resilience against feelings of envy, inadequacy, etc. and against pressure from peers or media.</p> <p>Session 3: Emotional changes</p> <p>I know that my emotions change as I grow up (including hormonal effects).</p> <p>I can deepen my understanding of the range and intensity of my feelings; that 'feelings' are not good guides for action.</p> <p>I know about emotional well-being: that beauty, art, etc. can lift the spirit; and that also openness with trusted parents/carers/teachers when worried ensures healthy well-being.</p>	<p>Session 1: Body image</p> <p>I know how to recognise that images in the media do not always reflect reality and can affect how people feel about themselves.</p> <p>I know that thankfulness builds resilience against feelings of envy, inadequacy, etc. and against pressure from peers or media.</p> <p>Session 2: Peculiar feelings</p> <p>I can deepen my understanding of the range and intensity of my feelings; that 'feelings' are not good guides for action.</p> <p>I know that some behaviour is wrong, unacceptable, unhealthy or risky.</p> <p>Session 3: Emotional changes</p> <p>I know that my emotions change as I grow up (including hormonal effects).</p> <p>I can deepen my understanding of the range and intensity of my feelings; that 'feelings' are not good guides for action.</p> <p>I know that openness with trusted parents/carers/teachers when</p>



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	<p><i>Session 3: Let's get real</i></p> <p>I will learn simple strategies for managing emotions and behaviour.</p> <p>I will learn that we have choices and these choices can impact how we feel and respond.</p> <p>I will learn that we can say sorry and forgive like Jesus.</p>						<p>worried ensures healthy well-being.</p> <p>I know that beauty, art, etc. can lift the spirit and also contribute to our sense of well-being.</p> <p><i>Session 4: Seeing stuff online</i></p> <p>I know the difference between harmful and harmless videos and images.</p> <p>I know the impact that harmful videos and images can have on young minds.</p> <p>I know ways to combat and deal with viewing harmful videos and images.</p>
	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Unit 4 Life Cycles	<p><i>Session 1: Growing up</i></p> <p>I know that there are natural life stages from birth to death, and what these are.</p>		<p><i>Session 1: The Cycle of Life</i></p> <p>I will learn and appreciate that there are natural life stages from birth to death, and what these are.</p> <p><i>Session 2: A Time for Everything</i></p> <p>Will be ready in January 2023.</p>		<p><i>Session 1: Life Cycles</i></p> <p>I know that I am handmade by God with the help of my parents.</p> <p>I know how a baby grows and developed in its mother's womb including, scientifically, the uniqueness of the moment of conception.</p> <p>I know how conception and life in the womb fits into the cycle of life.</p> <p><i>Session 2: A Time for Everything</i></p> <p>Will be ready in January 2023.</p>		<p><i>Session 1: Making Babies (Part 1)</i></p> <p>I know how a baby grows and develops in its mother's womb.</p> <p>I know that pregnancy and childbirth are God's way of giving the gift of life: He create new life, but entrusts parents with the job of making us.</p> <p><i>Session 2: Making Babies (Part 2)</i></p> <p>I know the basic scientific facts about sexual intercourse between a man and a woman.</p> <p>I know the physical, emotional, moral and spiritual implications of sexual intercourse.</p> <p>I know the Christian viewpoint that sexual intercourse should be saved for marriage.</p>



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							<p>Session 3: Menstruation</p> <p>I know about the nature and role of menstruation in the fertility cycle, and that fertility is involved in the start of life.</p> <p>I know some practical ways to manage the onset of menstruation.</p> <p>Session 4: A Time for Everything Will be ready in January 2023.</p>
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