



### Intent, Implementation and Impact Statement for Physical Education (PE)

At St Joseph's Catholic Primary School, we know that the benefits of Physical Education is a vital essence of leading a healthy and active lifestyle, the benefits of which go beyond the physical, and extends to mental well-being and improved academic performance. Our aim is that through an engaging and inspiring Physical Education curriculum our children see themselves as healthy individuals, both in body and mind, equipping them to carry this forward throughout their adult lives. We seek to achieve this through inspiring with our **REACH** curriculum through knowledge, skills and understanding of movement and positively encourage children to be **resilient, empathetic, aspirational, confident** and have **high expectations** of themselves and their team. We strive to provide a wide range of opportunities in school, after school and within the wider community.

We believe that effective Primary Physical Education equips children to be **resilient** life learners, taking setbacks (such as defeats) and channelling these positively to seek ways to improve in the future. Through Physical Education we are able to build a 'climate' of **empathy**, whereby children are engaged team players, and empathic learners, encouraging each other throughout their learning journeys, and individual abilities. We believe Physical Education provides a breadth of opportunity for all children to become **aspirational** individuals, where they are equipped with the knowledge, skills and understanding of physical movement and development for individual success. Our exciting, inclusive and energetic lessons are designed to build on prior learning across the Key Stages which gives children the **confidence** they need to succeed and be the best they can be. As **confident**, healthy and active individuals our pupils take pride in representing their house groups (internally) and the school (externally) in a wide range of sporting events, which gives children a strong sense of community within our school. Through this community and team focus children have the **confidence** to collaborate with one another and communicate with their peers and adults alike. Exceptional Physical Education, goes beyond the classroom setting, and it is through encouraging and inspiring children to have **high expectations** of themselves and others that we hope children leave us with a strong sense of self, which stems from a healthy mind and body.

To support our engaging Physical Education curriculum, we have excellent resources, which accelerates learning throughout the day. We are fortunate to be located in an idyllic location in Gloucestershire, where we have brilliant outdoor areas for the children's learning and physical activity to take place, both formally (lessons) and informally (at playtimes and lunchtimes). Our location also offers us easy access to some fantastic cross country running routes, locally in the village and slightly beyond at Woodchester Mansion.

With **Faith, Hope and Love** at the heart of our school, we celebrate the children's successes and achievements as individuals.

<u>Intent</u>	<u>Implementation</u>	<u>Impact</u>
<p>At St Joseph's Catholic Primary School, Physical Education (as a core subject) is an integral part of our curriculum and we strive to create a culture which aims to inspire an active generation who enjoy PE, know and experience the benefits of physical activity (body and mind) whilst being <b>aspirational</b> of themselves and having <b>high expectations</b> of others.</p> <p>As <b>confident</b> participants of their Physical Education, in line with the National Curriculum, our children will:</p> <ul style="list-style-type: none"><li>develop competence to excel in a broad range of physical activities, knowing the positive impact Physical Education can have on themselves and God's world around them.</li></ul>	<p>The aims of the National Curriculum for Physical Education are:</p> <ul style="list-style-type: none"><li>To develop competence to excel in a broad range of physical activities</li><li>To be physically active for sustained periods of time</li><li>To engage in competitive sports and activities</li><li>To lead healthy, active lives</li></ul> <p>St. Joseph's Catholic Primary School's Physical Education curriculum is mapped out around the National Curriculum's knowledge and skills that we want our children to learn and experience.</p>	<p>At St Joseph's Catholic Primary School, we offer a high-quality, intentional, progressive and well-resourced Physical Education curriculum, which focuses on the progression of skills, knowledge and understanding throughout their learning journey with us.</p> <p>Our pupil's enjoyment and engagement of Physical Education lessons is evident in their commitment to their learning and development throughout their lessons.</p> <p>Our pupils are always <b>REACHing</b> to be the best they can be throughout their Physical Education lessons,</p>

<ul style="list-style-type: none"> <li>• be physically active for sustained periods of time;</li> <li>• engage in competitive sports and activities, demonstrating their <b>resilient</b> and <b>empathic</b> attitudes throughout;</li> <li>• lead healthy, active lives with <b>confidence</b>, seeing themselves as healthy individuals.</li> </ul> <p>Alongside an external agency of PE coaches, we provide a safe and supportive environment for children to <b>REACH</b> in a range of different physical activities which is essential in supporting their physical wellbeing, healthy and active lifestyles from EYFS to Secondary Ready and beyond.</p> <p>We believe that swimming is an important life skill and we aspire for all children to leave primary school having met, at least, the minimum requirements of the National Curriculum. We aim for children to <b>aspire</b> to this with <b>confidence</b> through our curriculum provision.</p> <p>Children are inspired to be active beyond their Physical Education lessons, through active play during break and lunch times, and through a wide range of after school activities, giving each child the opportunity to develop and thrive <b>confidently</b>, supporting their health and fitness.</p> <p>Through our programme of study, children experience a high quality curriculum where our progression of skills work to build a strong foundation for success as healthy and active individuals, exploring a broad range of physical activities.</p> <p>We aim to deliver high quality teaching and learning opportunities that enable all children to achieve their personal best. All children participate in competitive sport and activities which can be against self and/ or others.</p> <p>Alongside our <b>REACH</b> values, we are committed to act in <b>Faith</b>, <b>Hope</b> and <b>Love</b> in all we do. With this ethos at the core of what we do at St Joseph's Catholic</p>	<p>Our children's learning in Physical Education has been purposefully sequenced to engage and enhance the individual's progression of skills through the primary years. Our curriculum has been designed around year group themes and sporting skills which expose and engage children in a wide range of physical activities, diversifying their vocabulary, knowledge, skills and understanding year on year, and across other subjects.</p> <p>Children at St Joseph's Catholic Primary School are encouraged to become <b>confident</b> and secure in their fundamental movements and skills within KS1, before progressing into team games and sports specific rules in KS2.</p> <p>Our progression of skills and planning for Physical Education is considerate to, and aligns (where possible) with the seasons in which the skills and sports are taught, for example, netball in the autumn term and athletics during the summer term.</p> <p>We endeavour to create and provide a platform for challenging and active learning in Physical Education through both structured and unstructured physical activities, including a range of: invasion, striking and fielding games, gymnastics, dance, athletics, outdoor learning, swimming, after school clubs and well-resourced break and lunch time activities.</p> <p>Pupils in Year 3 and 4 will attend a weekly swimming lesson in Terms 3 and 4, and where possible those in Year 5 and Year 6 pupils not yet swimming to National Curriculum requirements will be invited to attend with the <b>aspiration</b> of them fulfilling the requirements with <b>confidence</b>.</p> <p>All pupils have access to at least 1 hour of high-quality Physical Education lessons each week, covering one or two focused skills each half term.</p> <p>We have a well-resourced Physical Education curriculum, ensuring all children are active and participating in their sessions with safe, appropriate</p>	<p>demonstrating their confidence in their progression week on week, year on year, and <b>resilience</b> when the activities might be challenging, but setting <b>high expectations</b> of themselves to achieve their personal best.</p> <p>All children are provided with the necessary skills and given opportunities to demonstrate improvement to achieve their <b>aspirations</b> with <b>confidence</b> and be the best that they can be.</p> <p>Our pupils enjoy and seek to be physically active at playtimes and lunchtimes, and this has a positive impact on their learning in the classroom.</p> <p>At St Joseph's Catholic Primary School all children understand how to lead a healthy lifestyle and understand the importance of regular exercise. We <b>aspire</b> for children to enjoy Physical Education and develop a love of sport and physical activity which we hope will become intrinsic to their life both outside of school, and beyond these primary years.</p> <p>At St Joseph's Catholic Primary School, we endeavour to participate in frequent sporting events, locally, within the district and county level. Alongside our celebration of the pupils who represent our school at these events, it is common practice for our pupils to share their outside achievements from a wide variety of settings, including; swimming, climbing, jujitsu, scouting and guiding clubs and much more, at our weekly Celebration Assembly, promoting a range of sporting and life skills successes and achievements.</p> <p>We aim for all Year 6 pupils to leave school with the skills to competently swim at least 25m and have the skills to self-rescue in the water which are key life skills.</p> <p>In addition to this, we measure the impact of our curriculum through the following methods:</p> <ul style="list-style-type: none"> <li>• Pupil voice to further develop the Physical Education Curriculum.</li> <li>• Pupil conferencing for assessment.</li> </ul>
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<p>Primary School we aim to embed life-long values where we:</p> <ul style="list-style-type: none"> <li>• show <b>solidarity</b> when competing as a team or individually, demonstrating kindness and respect and always seeking to encourage and build each other up;</li> <li>• all have the <b>right to participate</b> as healthy, active individuals we are all supported and able to participate in our physical activity;</li> <li>• have the knowledge, skills and understanding to excel to the best of our ability in all we do, and experience and know healthy, active lives, respecting and valuing the of <b>life and dignity of the human person</b>.</li> </ul>	<p>and well maintained kit, giving them <b>confidence</b> to achieve their goals.</p> <p>We offer a wide range of extra-curricular activities throughout the year, including; netball, cross country, athletics, dance, football, multi-skills, tag rugby, handball, MultiHock, and forest school.</p> <p>Children are invited to attend and compete in sporting events and festivals within the local area. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events develop children's <b>resilience</b>, <b>aspirations</b> and <b>confidence</b> both individually and as part of a team, which are very much enjoyed and valued by the children.</p> <p>Through our lesson content and delivery, alongside our whole school approach to Physical Education and the progression through knowledge, skills and understanding, children are engaged <b>resilient</b>, active learners who value and display <b>high expectations</b>.</p>	<ul style="list-style-type: none"> <li>• Annual Athlete Tracker assessment of progression for the development of skills.</li> <li>• Data from assessments reviewed in line with National Curriculum and Standards, and shared as appropriate with key stakeholders.</li> <li>• Regular CPD with professional sports coaches from Montagu Academy throughout our lessons.</li> <li>• Frequent staff meetings, monitoring the standards.</li> <li>• Regular review on standards in policies and documents.</li> <li>• Participation in intra and inter school competitions.</li> <li>• Celebration of sporting achievements both in and out of school in our weekly Celebration Assembly, on our PE display board, newsletters and website.</li> </ul>
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