

Safeguarding children

1.24 SunSmart Sun Protection

Policy statement for St Joseph's Nympsfield Out of School Club

At St Joseph's Nympsfield Out of School Club (OOSC), we want staff and children to enjoy the sun safely. Skin cancer is one of the most common cancers in the UK. Most skin cancers are caused by UV radiation from the sun. The OOSC encourages all staff and children to protect themselves thus reducing the risk.

SunSmart national skin cancer prevention campaign

Thus the Committee and staff advocates the SunSmart campaign run by Cancer Research UK. Particularly as sun protection is vitally important for children whose skin is more delicate and easily damaged, more so for the very young. Sunburn in childhood can double the risk of skin cancer in later years.

The five key SunSmart skin cancer prevention messages are:

- S** stay in the shade between 11am and 3pm;
- M** Make sure you never burn.
- A** Always cover up – wear a T-shirt, hat and wraparound sunglasses;
- R** Remember children burn more easily;
- T** Then use factor 15+ sunscreen. However, the OOSC recommends a minimum of factor 30+.

Method

To enable everyone at the setting to enjoy the sun safely we will work with staff and parents to achieve this through:

Education

We remind parents via email and the OOSC Facebook page about the importance of suncream and hats. Staff ensure that children reapply suncream before they go outside.

The Play Leader and Deputy Play Leader have attended a special sun protection training workshop, and have disseminated this information to other OOSC staff.

Protection

- **Shade:**
 - we have a willow tunnel in the outdoor play area (lower level);
 - we have many big trees to provide a good amount of shade in the upper garden;
- **Timetabling:**
 - During Holiday Club, children will spend more time playing outside before 11am. The next safe time to return to outside play is after 3pm.
- **Clothing:**
 - we will actively encourage all children to wear a hat when playing outside during the summer months;
 - All staff are given the option to wear hats when outside to set a good example.

- Sunscreen:
 - staff will supervise children applying sunscreen after lunchtime, if heat and UV levels are extreme, eg. during the summer holiday club;
 - children will need to bring in their own clearly labelled bottle of factor 30+ sunscreen.

We will monitor our progress and review the policy annually

Associated Policies and Procedures

- 1.2 Safeguarding and Child Protection
- 1.22 First Aid
- 2.1.3 Sickness and absence

| Version Number | Author | Purpose of change | Date |
|-----------------------|---------------|--|-------------------------------------|
| 1.0 | KC and MK | New Policy to reflect changes climate and for the protection of staff and families | 18.10.2023 Cttee Mbr (C Crew) |