



St Joseph's Catholic Primary School
Inspiring everyone to **REACH** through
Faith, Hope, Love

	Key stage 1			Lower Key Stage 2		Upper Key Stage 2	
	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Winter 1	<p>Peacemakers: Who is in our class? <i>Mixer game: Name greetings</i> <i>Activity: hands in circle</i></p> <p>What is our class like? <i>Mixer game- the sun shines on you</i> <i>Mixer game: here I sit</i> <i>Mixer game: Hello game (if any EAL)</i></p> <p>10:10: Module 1 Unit 2 Session 1: I am Me</p> <p>Module 1 Unit 2 Session 2: Heads, Shoulders, knees and toes</p> <p>Module 1 Unit 2 Session 3: Ready Teddy?</p> <p><i>CST link: Community and participation, Human dignity.</i></p>	<p>Peacemakers: How are people the same and different? <i>Mixer game The sun shines on you</i> <i>Activity: Change places if...</i></p> <p>How does what I do affect someone else? <i>Free choice of mixer game</i> <i>Activity: Goldilocks</i></p> <p>Can we work together as a team? (2 sessions) <i>Free choice of mixer game</i> <i>Activity: Yes/no game</i> <i>Activity 2: Cooperation donkeys</i></p> <p>Module 1 Unit 2 Session 1: I Am Unique</p> <p>Module 2 Unit 2 Session 1: Special people.</p> <p><i>CST link: Community and participation, Human dignity.</i></p>	<p>Peacemakers: How do I know what other people are feeling? <i>Free choice on mixer game</i> <i>Activity: Empathy through images.</i></p> <p>What is cooperation? <i>Free choice on mixer game</i> <i>Extra game: Mirror pairs</i> <i>Activity: Co-operation donkeys</i></p> <p>Can I work cooperatively with anyone in my class? <i>Free choice on mixer games.</i> <i>Extra game: Qi sticks</i> <i>Activity: All of us and one of us</i></p> <p>Module 1 Unit 2 Session 2 Girls and boys (ALERT: LETTER WILL NEED TO GO OUT)</p> <p>Module 1 Unit 2 Session 3: Clean and Healthy (my body)</p> <p><i>CST link: Community and participation, Human dignity.</i></p>	<p>Peacemakers: How does how I feel affect the way I behave? <i>Free choice on mixer game.</i> <i>Activity: Thoughts, feelings, behaviour.</i></p> <p>10:10: Module 1 Unit 2 Session 1: We don't have to be the same.</p> <p>Module 1 Unit 3 Session 1: What Am I Feeling?</p> <p>Module 1 Unit 3 Session 2: What Am I looking at?</p> <p>Module 1 Unit 3 Session 3: I am thankful.</p> <p><i>CST link: Community and participation, Human dignity.</i></p>	<p>Peacemakers: How do we know what is right and wrong? <i>Free choice on mixer game</i> <i>Activity: How do we what is right and wrong?</i></p> <p>Peacemakers: What does it mean to be assertive? (Still 1 session) <i>Free choice on mixer game</i> <i>Activity: Walking name call</i> <i>Activity 2: Dignity stance/dignity walk</i></p> <p>Module 2 Unit 2 Session 1: Friends, family and Others</p> <p>Module 2 Unit 2 Session 1: When Things feel bad.</p> <p>Module 2 Unit 2 Session 3- Balancing needs.</p> <p><i>CST link: Community and participation, Human dignity.</i></p>	<p>Peacemakers: Lesson 1: How does it affect me/my friendship group/my class when I fall out with someone? <i>Free choice on mixer game</i> <i>Extra game: Yes/no game</i> <i>Activity: Goldilocks</i></p> <p>What is anger? How does it show itself? Linked with how can we calm down? (4 sessions) <i>Free choice of mixer games.</i> Lesson 2: <i>Activity 1: Anh's anger-how can we calm down</i> Lesson 3: <i>Activity 2: Cola bottle-how we can we calm down</i> Lesson 4: <i>Activity 3: Anger jar-how can we can calm down</i> Lesson 5: <i>Activity 4 Conflict escalator.</i></p> <p>Module 1: Unit 2 Session 1: Gifts and Talents</p> <p><i>CST link: Community and participation, Human dignity.</i></p>	<p>Peacemakers: How are my thoughts, feelings and behaviour connected? (3 sessions) <i>Free choice of mixer activities</i> Lesson 1: <i>Activity 1: Feeling statements</i> Lesson 2: <i>Activity 2: Empathy through images</i> Lesson 3: <i>Activity 3: Thoughts, feelings, behaviour</i></p> <p>Peacemakers: Can you respect someone without agreeing with them? <i>Free choice on mixer games</i> Lesson 4: <i>Activity: Can you respect someone without agreeing with them?</i></p> <p>What can we do to stop conflicts escalating? (3 sessions) <i>Free choice on mixer games.</i> Lesson 5: <i>Activity 1: Conflict-blaming language.</i> Lesson 6: <i>Activity 2: Blame game</i> Lesson 7: <i>Activity 3: Rubbing out language</i> <i>CST link: Community and participation, Human dignity.</i></p>
Winter 2	<p>Peacemakers: Who am I? (2 sessions) <i>Free choice of mixer game.</i> <i>Activity: It's good to be me</i> <i>Activity 2: Identity charts (younger child variation)</i></p> <p>Why is sharing important? (1 session) <i>Free choice of mixer game.</i> <i>Activity: Pass the beater round</i></p> <p>How do we feel when we share? (1 session) <i>Free choice of mixer game.</i> <i>Activity 1: Rainbow fish</i> <i>CST link: Human dignity.</i></p>	<p>Peacemakers: Can I describe my feelings to someone else? (4 sessions) <i>Free choice on mixer game.</i> <i>Activity 1: Feelings vocabulary</i> <i>Activity 2: feeling statements</i> <i>Activity 3: Empathy through images</i> <i>Activity 4: Feelings journey</i></p> <p><i>CST link: Human dignity</i></p>	<p>Module 1 Unit 3 Session 1: What??</p> <p>Module 1 Unit 3 Session 2: Feeling Inside Out</p> <p>Module 1 Unit 3 Session 3: Super Susie Gets Angry.</p> <p>Module 2 Unit 2 Session 2: Treat others well...</p> <p>Module 2 Unit 2 Session 3...and say sorry!</p> <p><i>CST link: Human dignity</i></p>	<p>Module 3, Unit 2, Session 1 How do I love others?</p> <p>Module 3, Unit 2, Session 2: Working together</p> <p>Module 3, Unit 2, Session 3 Money Matters</p> <p>Valuesmoneyandme.co.uk (On server) Finders Keepers KS2 one (4 lessons).</p> <p><i>CST link: Human dignity</i></p>	<p>Module 2 Unit 4 Session 1: Safe in my body</p> <p>Module 2 Unit 4 Session 2: Drugs, Alcohol and Tobacco</p> <p>Module 2 Unit 4 Session 3: First aid heroes</p> <p>2 Sessions from St John's Ambulance resources: Bleeding and asthma.</p> <p>Module 2 Unit 4 Session 4 Rights and responsibilities</p> <p><i>CST link: Human dignity, Human rights</i></p>	<p>Module 2 Unit 2 Session 1: Under pressure</p> <p>Module 2 Unit 2 Session 2: Do you want a piece of cake?</p> <p>Module 2 Unit 2 Session 3: Self-Talk.</p> <p>Self esteem- Child Talk.net</p> <p>Module 2 Unit 2 Session 4: Build others up.</p> <p>Module 3 Unit 2 Session 1: Reaching out. <i>CST link: Human dignity</i></p>	<p>Module 3 Unit 2 Session 2: The world of Work</p> <p>Module 3 Unit 2 Session 3: Money and Me.</p> <p>Valuesmoneyandme.co.uk Fair day's pay on server. (3 lessons).</p> <p><i>CST link: Human dignity, Dignity and rights of the worker, Human rights.</i></p>



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Spring 1	<p>10:10:</p> <p>Module 1, Unit 3, Session 1: I like, you like, we all like!</p> <p>Module 1, Unit 3, Session 2: All the feelings</p> <p>Module 1 Unit 3, Session 3: Let's get real</p> <p>Module 1, Unit 4, Session 1: Growing up</p> <p>Module 1, Unit 4, Session 2: New people, New places</p> <p><u>Additional RSHE units that will be covered outside of RSHE rotation:</u></p> <p>Module 2, Unit 3 Session 1: What is the Internet? Session 2: Playing Online.</p> <p>Both sessions to coincide with Safer Internet Day.</p> <p><i>CST link: Human dignity</i></p>	<p>Peacemakers: What is fair/unfair? <i>Free choice for mixer activity</i> Activity 1: It's not fair! After activity- ensure discussion addresses the question: How does it feel when things are fair/unfair?</p> <p>Oak academy: Who's in my family (2-3 sessions).</p> <p><u>Additional RSHE units that will be covered outside of RSHE rotation:</u></p> <p>Module 2 Unit 3: <i>Session 1: Real life online</i> <i>Session 2: Rules to help us</i> <i>Both sessions to coincide with Safer Internet Day.</i></p> <p><i>CST link: Human dignity</i></p>	<p>Peacemakers: Is it ok to fall out with someone? <i>Free choice on mixer activity</i> Activity: Is it ok to fall out with someone?</p> <p>Module 1, Unit 4, Session 1: The Cycle of Life</p> <p>Module 1, Unit 4, Session 2: Beginnings and Endings</p> <p>Module 1, Unit 4, Session 3: Change is all around</p> <p><u>Additional RSHE units that will be covered outside of RSHE rotation:</u></p> <p>Module 2 Unit 3: <i>Session 1: Real life online</i> <i>Session 2: Rules to help us</i> <i>Both sessions to coincide with Safer Internet Day.</i></p> <p><i>CST link: Human dignity</i></p>	<p>Peacemakers: What is empathy? <i>Free choice of mixer activity</i> Activity: The rainbow hat</p> <p>What is conflict? <i>Free choice of mixer activity</i> Activity: What is conflict?</p> <p>What causes people to fall out? (2 sessions) <i>Free choice of mixer activity</i> Activity 1: Conflict- being stubborn. Activity 2: conflict escalator</p> <p><u>Additional RSHE units that will be covered outside of RSHE rotation:</u></p> <p>Module 2 Unit 3 <i>Session 1: Sharing Online</i> <i>Session 2: Chatting Online</i> <i>Both sessions to coincide with Safer Internet Day.</i></p> <p><i>CST link: Human dignity</i></p>	<p>Valuesmoneyandme.co.uk: on server: I want it, do you need it? (4 lessons).</p> <p><u>Additional RSHE units that will be covered outside of RSHE rotation:</u></p> <p>Module 2 Unit 3 <i>Session 1: Sharing Online</i> <i>Session 2: Chatting Online</i> <i>Both sessions to coincide with Safer Internet Day.</i></p> <p><i>CST link: Dignity of the Worker</i></p>	<p>Peacemakers: How can one person make a difference? <i>Free choice of mixer activity</i> Activity: Making a difference around the world</p> <p>Oak academy: No two families are the same (1-2 sessions).</p> <p>Oak academy: Staying safe and healthy (3-4 sessions).</p> <p><u>Additional RSHE units that will be covered outside of RSHE rotation:</u></p> <p>Module 2 Unit 3 Session 1: Sharing isn't always caring. Module 2 Unit 3 Session 2: Cyber bullying</p> <p>Both sessions to coincide with Safer Internet Day.</p> <p><i>CST link: Human dignity, Community and participation</i></p>	<p>Peacemakers: What makes a peaceful community? <i>Free choice of mixer activity</i> Activity: Perspectives and viewpoints.</p> <p>How can I influence change in my community? <i>Free choice of mixer games</i> Activity: Kind thoughts</p> <p>Module 2 Unit 4 Session 2: Impacted Lifestyles</p> <p>Module 2 Unit 4 Session 3: Making Good choices.</p> <p>1 Session Department of Health: Sleep (on server)</p> <p><u>Additional RSHE units that will be covered outside of RSHE rotation:</u></p> <p>Module 2 Unit 3 Session 1: Sharing isn't always caring. Module 2 Unit 3 Session 2: Cyber bullying</p> <p>Both sessions to coincide with Safer Internet Day.</p> <p><i>CST link: Human dignity, Community and participation</i></p>



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Spring 2	<p>Peacemakers: What makes a good friend? <i>Free choice of mixer game</i> <i>Activity: recipe for friendship</i> Can we take turns? <i>Free choice of mixer game</i> <i>Activity: Mirror pairs</i></p> <p>10:10: Module 2, Unit 1, Session 1: Role Model.</p> <p>Module 2, Unit 2, Session 1 Who's who?</p> <p>Module 2, Unit 2, Session 2 You've Got a Friend in me</p> <p>Module 2, Unit 2, Session 3 Forever Friends</p> <p><i>CST link: Human dignity, human rights</i></p>	<p>10:10 Module 3, Unit 1, Session 1: Three in One</p> <p>Module 3, Unit 1, Session 2: Who is my neighbour?</p> <p>Valuesmoneyandme.co.uk Hero or Zero unit: On server. (3 or 4 lessons).</p> <p><i>CST link: Human dignity, human rights, dignity of the worker.</i></p>	<p>Module 2, Unit 4, Session 1: Good and bad Secrets</p> <p>Module 2, Unit 4, Session 2: Physical Contact</p> <p>Module 2, Unit 4, Session 3: Harmful Substances</p> <p>Module 2, Unit 4, Session 4: Can you help me Part 1</p> <p>Module 2, Unit 4, Session 4: Can you help me Part 2</p>	<p>Peacemakers: What do I need from my classmates to be able to learn to the best of my ability? (3 sessions) <i>Free choice of mixer game.</i> <i>Activity 1: What do you need?</i> <i>Activity 2: Making agreements</i> <i>Activity 3: Change starts with us.</i></p> <p>Lesson 1-3 British Values (lesson on server).</p> <p><i>CST link: Human dignity, human rights</i></p>	<p>Peacemakers: What do I value in my relationships with others? <i>Free choice of mixer activity</i> <i>Activity: The Heart story</i></p> <p>How do conflicts escalate? <i>Free choice of mixer activity</i> <i>Activity: conflict escalator</i></p> <p>Module 1 Unit 4 Session 1 Life Cycles</p> <p>Module 1 Unit 4 Session 2 A time for Everything</p> <p>Module 1 Unit 4 Session 3 Big Changes Little Changes</p> <p><i>CST link: Human dignity, human rights</i></p>	<p>Peacemakers: Can you be too nice? <i>Free choice of mixer activity</i> <i>Activity: Can you be too nice?</i></p> <p>Unit 1 Module 2 Session 4 Spots and Sleep.</p> <p>Unit 1 Module 3 Session 1: Body Image</p> <p>Unit 1 Module 4 Session 4: Hope Beyond death.</p> <p>10:10 Modules to be covered in Science lessons: <i>Unit 1 Module 2 Session 2 and 3- See Science curriculum.</i> <i>Unit 1 Module 4 session 3: Menstruation- See Science curriculum.</i></p>	<p>Unit 1 Module 2 Session 2: Girls' bodies.</p> <p>Unit 1 Module 2 Session 3: Boys' bodies</p> <p>Unit 1 Module 3 Session 2: Peculiar Feelings</p> <p>Unit 1 Module 3 Session 3: Emotional Changes.</p> <p>Unit 1 Module 3 Session 4: Seeing Stuff online.</p>
	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Summer 1	<p>Module 2, Unit 4, Session 1: Safe Inside and Out</p> <p>Module 2, Unit 4, Session 2: My Body, My Rules</p> <p>Module 2, Unit 4, Session 3: Feeling Poorly</p> <p>Module 2, Unit 4, Session 4: People who help us</p> <p>Peacemakers: What is family? <i>Free choice for mixer activity.</i> <i>Activity: Let's make a picture.</i></p>	<p>Valuesmoneyandme.co.uk, on server: Finders Keepers (4 lessons).</p> <p>Peacemakers: How can I make our school a more welcoming place? <i>Free choice for mixer activity</i> <i>Activity 1: Kind thoughts</i> <i>Activity 2: Natural art (can be done in Outdoor learning later)</i></p>	<p>Module 3, Unit 2, Session 1: The communities we live in</p> <p>Module 3, Unit 2, Session 2: Who will I be?</p> <p>Module 3, Unit 2, Session 3: Needs and wants</p> <p>Peacemakers: When should I talk and when should I listen? <i>Free choice for mixer activity.</i> <i>Activity 1: One word story</i> <i>Activity 2: Listening Cat</i></p> <p>How can we work together to make our school part of our community? <i>Free choice for mixer activity.</i> <i>Activity: Building our community (adapt for age)</i></p>	<p>Module 3, Unit 1 Session 1: A community of Love</p> <p>Module 3, Unit 1 Session 2: What is the Church?</p> <p>Peacemakers: What makes a community? <i>Free choice for mixer activity</i> <i>Activity: Building our community</i></p> <p>Who is in my community? (2 sessions) <i>Free choice for mixer activity</i> <i>Activity 1: New union flag</i> <i>Activity 2: belonging</i></p> <p><i>CST: Community and participation</i></p>	<p>PSHE association River and water safety lesson (2 lessons on server)</p> <p>Oak Academy Changing families (as many sessions as can be fitted in depending on term dates) NOTE: Some pictures show two Dads or two Mums.</p> <p><i>CST: Human dignity</i></p>	<p>Law and criminal responsibility- Session 1- What is crime Session 2- Age of criminal responsibility Session 3- What is Anti-social behaviour Session 4- what is vandalism? Session 5: How can we help ourselves and our community.</p> <p>Peacemakers: What is the difference between wants, rights and responsibilities? <i>Free choice of mixer game</i> <i>Activity: Rights and responsibilities</i></p> <p>10:10 unit to be covered outside of normal rotation</p>	<p>*** SATS SEASON***</p> <p>Module 1 Unit 4 Session 1 and 2 Making Babies.</p> <p>10:10 unit to be covered outside of normal rotation <i>Module 2, Unit 4 Session 1 Types of Abuse- See NSPCC day overview.</i></p>



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			<i>CST: Community and participation</i>			<i>CST: Community and participation, Human rights. Module 2, Unit 4 Session 1 Types of Abuse- See NSPCC day overview.</i>	
Summer 2	<p>Peacemaker: How can I help make my school more peaceful? <i>Free choice on mixer game</i> <i>Activity: kind thoughts.</i></p> <p>Module 3, Unit 2, Session 1: Me, You, Us</p> <p>Module 3, Unit 2, Session 2: When I Grow up</p> <p>Module 3, Unit 2, Session 3: Money doesn't grow on trees</p> <p>One session: what to do when lost. Lost - Keep Your Child Safe.org</p> <p><i>CST: rights and responsibilities.</i></p>	<p>Session 1: The healthier Snacking show (can be extended to a poster activity and making a healthy fruit kebab for break snack).</p> <p>Session 2 and 3 Dental care document (use teeth in the science cupboard and general teeth cleaning activities).</p> <p>Session 4 and 5: Sun health power point</p>	<p>Valuesmoneyandme.co.uk- on server: Do the right thing (3 lessons).</p> <p>Valuesmoneyandme.co.uk- on server Costing the Earth unit (3 lessons).</p> <p><i>CST: Dignity of the worker, stewardship.</i></p>	<p>Oak Academy 5 lessons Fundamental British Values</p>	<p>Peacemakers: Which parts of my community do I know? <i>Free choice on mixer game</i> <i>Activity: Where do you love?</i></p> <p>Which don't I know? <i>Free choice on mixer game</i> <i>Activity: Walking in someone else's shoes.</i></p> <p>How can I find out more? <i>Free choice on mixer game.</i> <i>Activity: What is happening in the world?</i></p> <p>Module 1 Unit 2: Session 2- respecting our bodies Session 3- what is Puberty Session 4- Changing bodies</p> <p><i>CST: Community and participation</i></p>	<p>Module 2 Unit 4 Session 4: Giving Assistance.</p> <p>St John's Ambulance lessons</p> <p>2: Choking 3. Asthma 4. Allergies 5. Stings and bites 6. Bleeding.</p>	<p>Module 2 Unit 4 Session 4: Giving Assistance</p> <p>Module 1 Unit 4 Session 5 Coping with Change.</p> <p>Peacemakers: (4 sessions) What qualities and attributes will I be carrying into Year 7? Will my rights and responsibilities change in Year 7? <i>Bullying: Myths and facts</i> <i>Rights and responsibilities</i> <i>The Jay and Milo story</i> <i>Moral choices</i></p> <p>To be completed whenever in the final term. The bullying: Myths and facts can also be used whenever needed.</p> <p><i>CST: Rights and responsibility</i></p>